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THIN SLICE CHICKEN BREAST

PRODUCT ID / ID PRODUIT **20470** BRAND

NET WT (Kg)	GROSS WT (Kg)	PIECE WT	PIECES	PROTEIN	CATEGORY
4	4.544	5oz/113g	113-143 pc approx	20	IQF
PALLET PATTERN	STORAGE	SHELF LIFE	ALLERGEN	CASE PALLET	DIMENSIONS (IN) L X W X H
10*11	FREEZER	18 MONTHS	NO	110	15.x11.x5.0

Heating Instructions: Instructions de Chauffage:

Oven: Preheat oven to 400°F. Place defrosted breasts in oven and bake 12-15 minutes per side, or until internal temperature of 74C/165°F is reached.

Grill: Place chicken on greased grill over medium heat 7 to 8 min. on each side or until done 74C(165°F)

Nutrition Facts Valeur nutritive

Per 100 g
pour 100 g

Calories 100	% Daily Value*
	% valeur quotidienne*
Total Fat / Lipides 1.5 g	2 %
Saturated / saturés 0.4 g	2 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 0 g	
Fiber / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 22 g	
Cholesterol / Cholestérol 50 mg	
Sodium 370 mg	16 %
Potassium 200 mg	6 %
Calcium 10 mg	1 %
Iron / Fer 0.75 mg	4 %

* 5% or less is a little, 15% or more is a lot

* 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

Ingredients: Chicken Breast, Water, Sea salt, Sodium phosphate

Ingrédients: Poirines de poulet, eau, Sel de mer, Phosphate de sodium



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